

30 DAYS OF CREATIVITY TRAINING

150 exercises to enhance your Creativity in one month



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Welcome from the author



I want to start by thanking you for getting this book. It shows we have a common interest in improving your ability to generate ideas.

Recent research has shown that thanks to the brain's ability to change its structure by developing new neural connections (known as its Neuroplasticity), ongoing mental exercises¹ can result in long-term gains to cognitive flexibility, enabling you to generate new ideas².

I strongly believe that everyone should have the tools to stimulate and train their mind every day. So at Improvides we provide Creativity Training exercises, spread out through every single day.

This book contains over 150 creativity exercises, 5 each day for a month. Make them part of your daily ritual and you will soon see an improvement in your ability to visualise solutions to problems as well as generate a higher number of more varied and original ideas than before.

I hope that you enjoy working through this book as much as I did producing it. Please let us know how you got along in our forum, or by dropping me a line at social@improvides.com

Cheers,

A handwritten signature in blue ink, appearing to read 'Nick Skillicorn'.

Nick Skillicorn

CEO & Founder – Improvides | www.improvides.com

¹ <http://www.ncbi.nlm.nih.gov/pmc/articles/PMC3675670/>

² <http://www.wired.co.uk/news/archive/2013-08/22/starcraft-cognitive-abilities>

Instructions

1. For each day, there are 5 different types of exercises, each designed to use slightly different mental abilities. They are called:
 - Can You Hack It
 - Weird Combinations
 - Backronyms
 - Six by Six Degrees
 - Viddles
2. Do not read exercises in advance. For best training results, you should split them across your day, and do them in bunches of 2 or 3 exercises at a time.
3. Each exercise will consist of a short challenge requiring you to generate as many different and varied creative solutions as you can think of
4. Write all your ideas in the section below the challenge. If you run out of space, continue writing wherever you can (in the margins, on another piece of paper...)
5. Over time you may notice the number, originality and diversity of your ideas will be increasing as your creativity is enhanced
6. The 'Day 1' exercises pages include example solutions to help you understand
7. Suggested time limits and instructions for each exercise are below:

Can You Hack It

This exercise could pose you any random challenge, for which you should think of as many diverse solutions as you can, or set you an out of this world scenario, for which you should list how life on earth would be affected.

Time limit: 4 minutes

Creativity abilities trained: Speed / Visualisation / Association

Example: *"Fold a sheet of paper without touching it with your hands"*

Weird Combinations

You will be asked to create an example or name of something using some properties of two unrelated things / people.

Time limit: 5 minutes

Creative abilities trained: Wordplay / Content / Association

Example: *Famous Movie Names with Farmyard animals inserted*

Backronyms

You are given a subject and some random letters which are an unspecified Acronym for the subject (like NYC is "New York City"). Work backwards using the letters to figure out what the Acronym could stand for related to that subject.

Time limit: 2 minutes

Creative abilities trained: Content / Rule limitation / Wordplay

Example: TNU – Gym membership

Six by Six Degrees

You will be given two unrelated words, with five spaces for new different words to bridge the gap. Use a logical step to get from each word to the next, which could be similar uses, related objects, rhymes, look, whatever works for you. However, each new set of words may not use any you have already written down.

Time limit: 2 minutes (six sets of answers in this time is excellent)

Creative abilities trained: Speed / Divergent & Convergent thinking / Rule limitations

Example: *Sunshine _ _ _ _ _ Chair*

Viddles

Meaning 'Visual riddles', you will be shown an image of random shapes. Determine as many different ideas of what these shapes could represent. Try using different perspectives, such as from above, from the side, from inside.

Time limit: 3 minutes

Creative abilities trained: Visualisation / Divergent & Convergent thinking / Rule limitations

Day 1: with examples

Can You Hack It

Fold a sheet of paper without touching it with your hands

use air pressure from a hose

use chopsticks

train a pet to do it

put an ad on the internet to pay someone else to do it

attach magnets to both sides of the paper

attach balloons to both side of paper with an obstacle in the middle

use your feet

use gloves

create a mini wormhole on the centre of the paper attracting the two ends

fold the table on which it is lying

put it on your abs while doing sit-ups

Weird Combinations

Famous Movie Names with Farmyard animals

inserted

Goatsbusters

Cow to Lose a Guy in 10 Days

Fillydelphia

Duck, Where's my Car?

Backronyms

TNU – Gym membership

Totally New U

Thighs near Underarm

Thin 'n Ugly

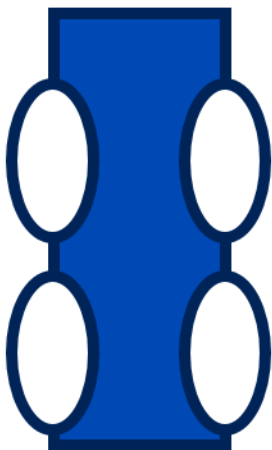
Trendy Niche Upscale

Day 1: with examples

Six by Six Degrees

Sunshine	-	Summer	-	Beach	-	Sand	-	Towel	-	Deck	-	Chair
Sunshine	-	BBQ	-	Friends	-	Drink	-	Bar	-	Stool	-	Chair
Sunshine	-	Ice Cream	-	Chocolate	-	Mint	-	Shampoo	-	Hair	-	Chair
Sunshine	-	Darkness	-	Night	-	Cold	-	Fire	-	Armchair	-	Chair
Sunshine	-	Moonshine	-	Space	-	Astronaut	-	Suit	-	Office	-	Chair
Sunshine	-		-		-		-		-		-	Chair
Sunshine	-		-		-		-		-		-	Chair
Sunshine	-		-		-		-		-		-	Chair
Sunshine	-		-		-		-		-		-	Chair
Sunshine	-		-		-		-		-		-	Chair
Sunshine	-		-		-		-		-		-	Chair
Sunshine	-		-		-		-		-		-	Chair

Viddles



Four men having a meeting from above

A Koala climbing a tree

Close-up of an opened zipper

Underside of a roller-skate

Day 2

Can You Hack It

Ways to hold a book open while reading it upside down

[illegible]

Weird Combinations

Famous brand names with colours inserted

[illegible]

Backronyms

BTY - Explorer

[illegible]

Day 2

Six by Six Degrees

Baby	-		-		-		-		-	Turtle
Baby	-		-		-		-		-	Turtle
Baby	-		-		-		-		-	Turtle
Baby	-		-		-		-		-	Turtle
Baby	-		-		-		-		-	Turtle
Baby	-		-		-		-		-	Turtle
Baby	-		-		-		-		-	Turtle
Baby	-		-		-		-		-	Turtle
Baby	-		-		-		-		-	Turtle
Baby	-		-		-		-		-	Turtle
Baby	-		-		-		-		-	Turtle

Viddles



Day 3

Can You Hack It

Test your pulse without using fingers

[illegible]

Weird Combinations

Famous pop song names with types of dog

inserted

[illegible]

Backronyms

RWL - Science Teacher

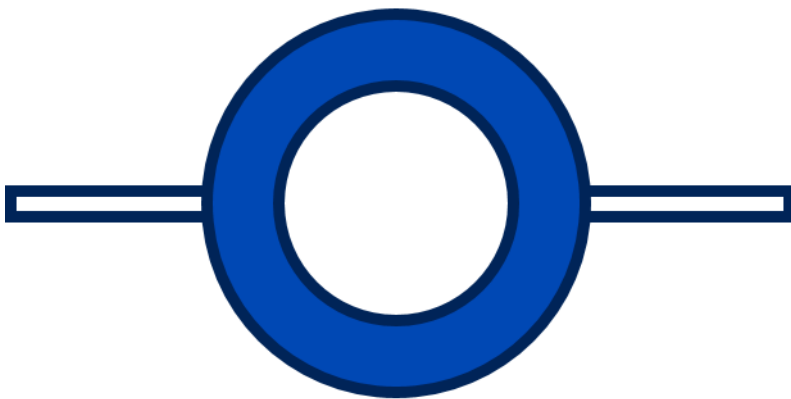
[illegible]

Day 3

Six by Six Degrees

Orange	-		-		-		-		-	Carrot
Orange	-		-		-		-		-	Carrot
Orange	-		-		-		-		-	Carrot
Orange	-		-		-		-		-	Carrot
Orange	-		-		-		-		-	Carrot
Orange	-		-		-		-		-	Carrot
Orange	-		-		-		-		-	Carrot
Orange	-		-		-		-		-	Carrot
Orange	-		-		-		-		-	Carrot
Orange	-		-		-		-		-	Carrot
Orange	-		-		-		-		-	Carrot

Viddles



Day 4

Can You Hack It

Stop flies getting into an open bottle

[illegible]

Weird Combinations

New lyrics for Britney Spears song involving

Christmas

[illegible]

Backronyms

UBA - Oil & Gas

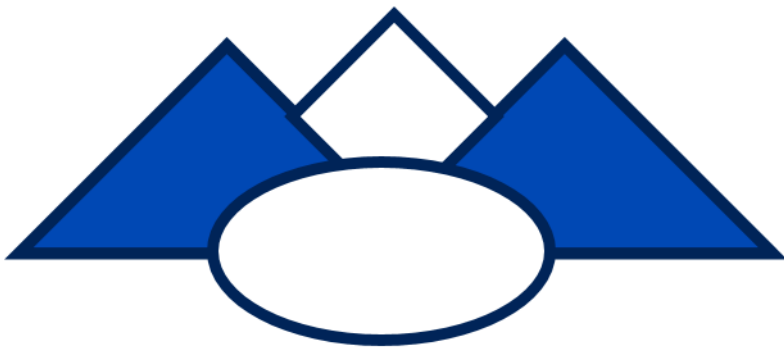
[illegible]

Day 4

Six by Six Degrees

Bear	-		-		-		-		-	Mask
Bear	-		-		-		-		-	Mask
Bear	-		-		-		-		-	Mask
Bear	-		-		-		-		-	Mask
Bear	-		-		-		-		-	Mask
Bear	-		-		-		-		-	Mask
Bear	-		-		-		-		-	Mask
Bear	-		-		-		-		-	Mask
Bear	-		-		-		-		-	Mask
Bear	-		-		-		-		-	Mask
Bear	-		-		-		-		-	Mask

Viddles



Day 5

Can You Hack It

Things you can power using 100 hamster wheels

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

Ice cream name using farmyard animal inserted

[illegible]

Backronyms

PAA - Priest

[illegible]

Day 5

Six by Six Degrees

Fish	-		-		-		-		-	School
Fish	-		-		-		-		-	School
Fish	-		-		-		-		-	School
Fish	-		-		-		-		-	School
Fish	-		-		-		-		-	School
Fish	-		-		-		-		-	School
Fish	-		-		-		-		-	School
Fish	-		-		-		-		-	School
Fish	-		-		-		-		-	School
Fish	-		-		-		-		-	School
Fish	-		-		-		-		-	School

Viddles



Day 6

Can You Hack It

How to paint a portrait of someone you can't see

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

Ways to flirt, using the brand names of snacks

[illegible]

Backronyms

JWT - Monkeys

[illegible]

Day 6

Six by Six Degrees

Sugar	-		-		-		-		-	Moon
Sugar	-		-		-		-		-	Moon
Sugar	-		-		-		-		-	Moon
Sugar	-		-		-		-		-	Moon
Sugar	-		-		-		-		-	Moon
Sugar	-		-		-		-		-	Moon
Sugar	-		-		-		-		-	Moon
Sugar	-		-		-		-		-	Moon
Sugar	-		-		-		-		-	Moon
Sugar	-		-		-		-		-	Moon
Sugar	-		-		-		-		-	Moon

Viddles



Day 7

Can You Hack It

How to move an unconscious elephant 100 meters

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

Celebrity names with barbequing

[illegible]

Backronyms

MOG - Petrol Stations

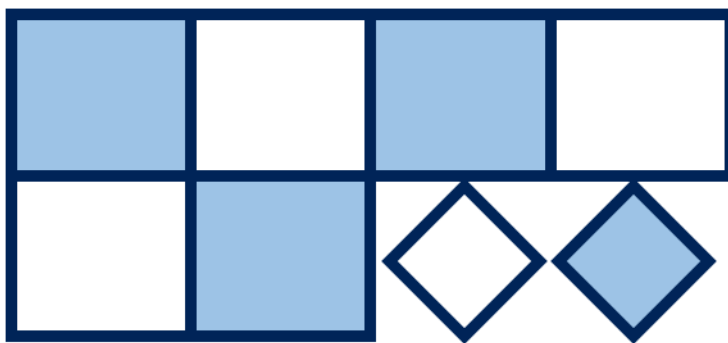
[illegible]

Day 7

Six by Six Degrees

Arrow	-		-		-		-		-	Healthcare
Arrow	-		-		-		-		-	Healthcare
Arrow	-		-		-		-		-	Healthcare
Arrow	-		-		-		-		-	Healthcare
Arrow	-		-		-		-		-	Healthcare
Arrow	-		-		-		-		-	Healthcare
Arrow	-		-		-		-		-	Healthcare
Arrow	-		-		-		-		-	Healthcare
Arrow	-		-		-		-		-	Healthcare
Arrow	-		-		-		-		-	Healthcare
Arrow	-		-		-		-		-	Healthcare

Viddles



Day 8

Can You Hack It

How to wash a whale in under an hour

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

Countries with animal names inserted

[illegible]

Backronyms

BUY - Shopping

[illegible]

Day 8

Six by Six Degrees

Migraine	-		-		-		-		-	Bee
Migraine	-		-		-		-		-	Bee
Migraine	-		-		-		-		-	Bee
Migraine	-		-		-		-		-	Bee
Migraine	-		-		-		-		-	Bee
Migraine	-		-		-		-		-	Bee
Migraine	-		-		-		-		-	Bee
Migraine	-		-		-		-		-	Bee
Migraine	-		-		-		-		-	Bee
Migraine	-		-		-		-		-	Bee
Migraine	-		-		-		-		-	Bee

Viddles



Day 9

Can You Hack It

How to help someone with no arms up a mountain

[illegible]

Weird Combinations

Accounting activities that sound like a sexual innuendo

[illegible]

Backronyms

RTF - Fizzy Drinks

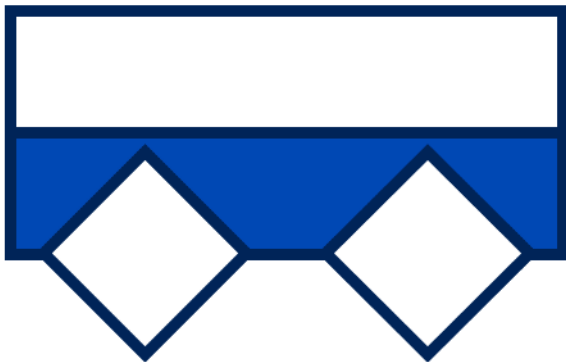
[illegible]

Day 9

Six by Six Degrees

Ship	-		-		-		-		-	Torch
Ship	-		-		-		-		-	Torch
Ship	-		-		-		-		-	Torch
Ship	-		-		-		-		-	Torch
Ship	-		-		-		-		-	Torch
Ship	-		-		-		-		-	Torch
Ship	-		-		-		-		-	Torch
Ship	-		-		-		-		-	Torch
Ship	-		-		-		-		-	Torch
Ship	-		-		-		-		-	Torch
Ship	-		-		-		-		-	Torch

Viddles



Day 10

Can You Hack It

How to count the number of lights turned on in a skyscraper at night

[illegible]

Weird Combinations

Famous book titles with types of plants inserted

[illegible]

Backronyms

LHW - Polluted Beach

[illegible]

Day 10

Six by Six Degrees

Pirate	-		-		-		-		-	Spine
Pirate	-		-		-		-		-	Spine
Pirate	-		-		-		-		-	Spine
Pirate	-		-		-		-		-	Spine
Pirate	-		-		-		-		-	Spine
Pirate	-		-		-		-		-	Spine
Pirate	-		-		-		-		-	Spine
Pirate	-		-		-		-		-	Spine
Pirate	-		-		-		-		-	Spine
Pirate	-		-		-		-		-	Spine
Pirate	-		-		-		-		-	Spine

Viddles



Day 11

Can You Hack It

Unique ways to crush a can

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are approximately 20 lines visible. The paper has a slightly textured appearance and is set against a dark background.

Weird Combinations

Fictional TV characters with names of alcohols

inserted

[illegible]

Backronyms

OKD - Pigs

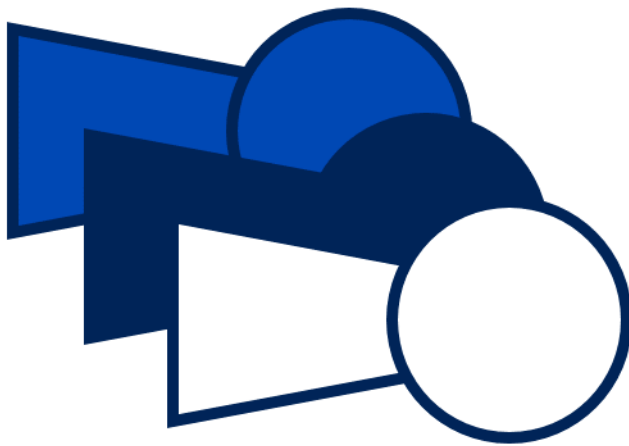
[illegible]

Day 11

Six by Six Degrees

Monkey	-		-		-		-		-	Tennis
Monkey	-		-		-		-		-	Tennis
Monkey	-		-		-		-		-	Tennis
Monkey	-		-		-		-		-	Tennis
Monkey	-		-		-		-		-	Tennis
Monkey	-		-		-		-		-	Tennis
Monkey	-		-		-		-		-	Tennis
Monkey	-		-		-		-		-	Tennis
Monkey	-		-		-		-		-	Tennis
Monkey	-		-		-		-		-	Tennis
Monkey	-		-		-		-		-	Tennis
Monkey	-		-		-		-		-	Tennis

Viddles



Day 12

Can You Hack It

How to gauge a town's happiness level without asking any person a question

[illegible]

Weird Combinations

Famous Scientists and the names of their band

[illegible]

Backronyms

PAB - Witch Doctors

[illegible]

Day 12

Six by Six Degrees

Portfolio	-		-		-		-		-	Screwdriver
Portfolio	-		-		-		-		-	Screwdriver
Portfolio	-		-		-		-		-	Screwdriver
Portfolio	-		-		-		-		-	Screwdriver
Portfolio	-		-		-		-		-	Screwdriver
Portfolio	-		-		-		-		-	Screwdriver
Portfolio	-		-		-		-		-	Screwdriver
Portfolio	-		-		-		-		-	Screwdriver
Portfolio	-		-		-		-		-	Screwdriver
Portfolio	-		-		-		-		-	Screwdriver
Portfolio	-		-		-		-		-	Screwdriver
Portfolio	-		-		-		-		-	Screwdriver

Viddles



Day 13

Can You Hack It

Uses for milk which has gone off

[illegible]

Weird Combinations

Famous building names with types of pets

inserted

[illegible]

Backronyms

MQV - Hurricanes

[illegible]

Day 13

Six by Six Degrees

Rope	-		-		-		-		-	Keyboard
Rope	-		-		-		-		-	Keyboard
Rope	-		-		-		-		-	Keyboard
Rope	-		-		-		-		-	Keyboard
Rope	-		-		-		-		-	Keyboard
Rope	-		-		-		-		-	Keyboard
Rope	-		-		-		-		-	Keyboard
Rope	-		-		-		-		-	Keyboard
Rope	-		-		-		-		-	Keyboard
Rope	-		-		-		-		-	Keyboard
Rope	-		-		-		-		-	Keyboard

Viddles



Day 14

Can You Hack It

How to guarantee you always win at "rock - paper - scissors" against your friend

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

American President names with types of meat

inserted

[illegible]

Backronyms

JSX - Pot Plants

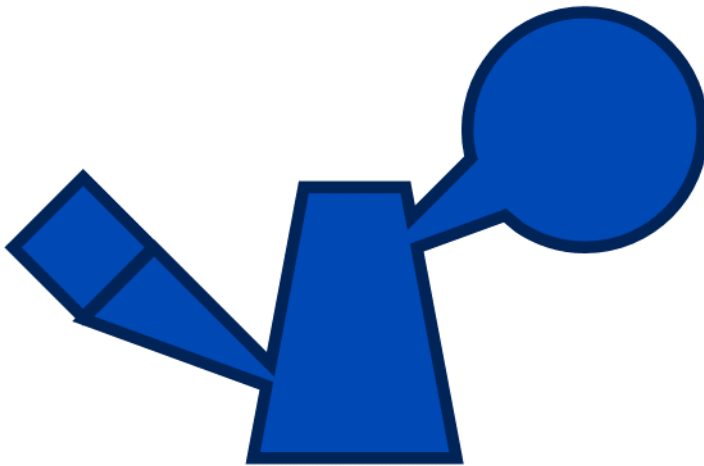
[illegible]

Day 14

Six by Six Degrees

[illegible]

Viddles

[illegible]

Day 15

Can You Hack It

Times you will need a fake passport

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

Famous Rock songs with European Countries

inserted

[illegible]

Backronyms

WEK - Surgery

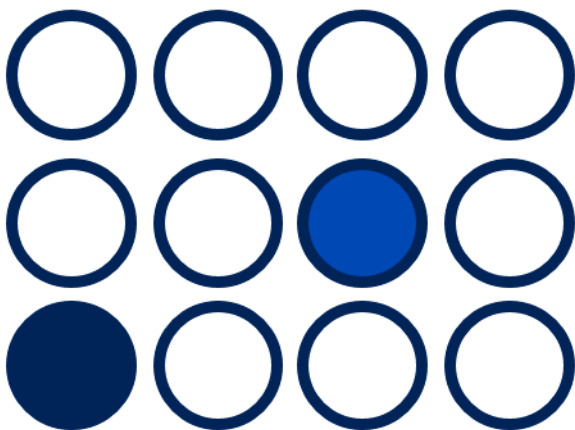
[illegible]

Day 15

Six by Six Degrees

[illegible]

Viddles

[illegible]

Day 16

Can You Hack It

Action: Create a statue you can make with objects in front of you now in less than 2 minutes

[illegible]

Weird Combinations

*Shakespeare's Play titles with Greek and roman
god names inserted*

[illegible]

Backronyms

UZR - Business Cards

[illegible]

Day 16

Six by Six Degrees

Vanilla	-		-		-		-		-	Baseball
Vanilla	-		-		-		-		-	Baseball
Vanilla	-		-		-		-		-	Baseball
Vanilla	-		-		-		-		-	Baseball
Vanilla	-		-		-		-		-	Baseball
Vanilla	-		-		-		-		-	Baseball
Vanilla	-		-		-		-		-	Baseball
Vanilla	-		-		-		-		-	Baseball
Vanilla	-		-		-		-		-	Baseball
Vanilla	-		-		-		-		-	Baseball
Vanilla	-		-		-		-		-	Baseball
Vanilla	-		-		-		-		-	Baseball

Viddles



Day 17

Can You Hack It

Define "Jumblejob"

[illegible]

Weird Combinations

1980s TV Show titles with capital cities inserted

[illegible]

Backronyms

LVI - Mountain Climbing

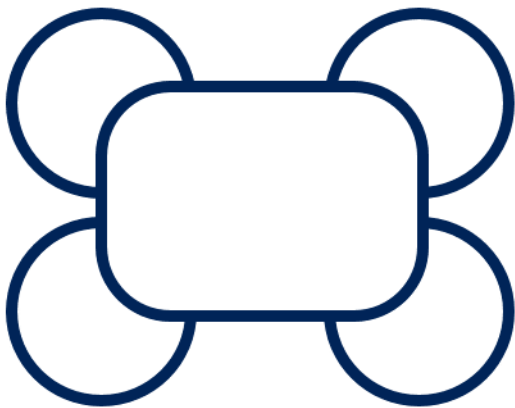
[illegible]

Day 17

Six by Six Degrees

Math	-		-		-		-		-	Window
Math	-		-		-		-		-	Window
Math	-		-		-		-		-	Window
Math	-		-		-		-		-	Window
Math	-		-		-		-		-	Window
Math	-		-		-		-		-	Window
Math	-		-		-		-		-	Window
Math	-		-		-		-		-	Window
Math	-		-		-		-		-	Window
Math	-		-		-		-		-	Window
Math	-		-		-		-		-	Window

Viddles



Day 18

Can You Hack It

Ways to test saltiness of food without tasting it

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

Puns of People's names that sound like they're an explorer

[illegible]

Backronyms

EBD - Ketchup

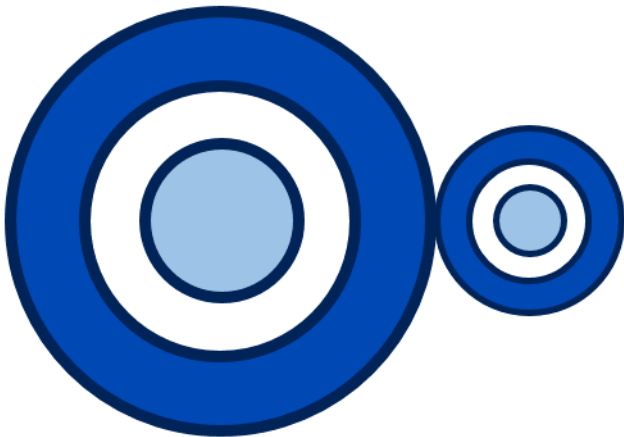
[illegible]

Day 18

Six by Six Degrees

Magnet	-		-		-		-		-	Hologram
Magnet	-		-		-		-		-	Hologram
Magnet	-		-		-		-		-	Hologram
Magnet	-		-		-		-		-	Hologram
Magnet	-		-		-		-		-	Hologram
Magnet	-		-		-		-		-	Hologram
Magnet	-		-		-		-		-	Hologram
Magnet	-		-		-		-		-	Hologram
Magnet	-		-		-		-		-	Hologram
Magnet	-		-		-		-		-	Hologram
Magnet	-		-		-		-		-	Hologram

Viddles



Day 19

Can You Hack It

How to take a photo of yourself 2 meters in the air without camera's self-timer

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

Flirting with someone using a MS Excel Formula

name

[illegible]

Backronyms

PTS - Sunset

[illegible]

Day 19

Six by Six Degrees

Space Shuttle	-		-		-		-	Marathon
Space Shuttle	-		-		-		-	Marathon
Space Shuttle	-		-		-		-	Marathon
Space Shuttle	-		-		-		-	Marathon
Space Shuttle	-		-		-		-	Marathon
Space Shuttle	-		-		-		-	Marathon
Space Shuttle	-		-		-		-	Marathon
Space Shuttle	-		-		-		-	Marathon
Space Shuttle	-		-		-		-	Marathon
Space Shuttle	-		-		-		-	Marathon
Space Shuttle	-		-		-		-	Marathon

Viddles



Day 20

Can You Hack It

Uses for a deflated soccer ball

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

New lyrics for a Eminem song about an Olympic sport

[illegible]

Backronyms

ODA - Jail Time

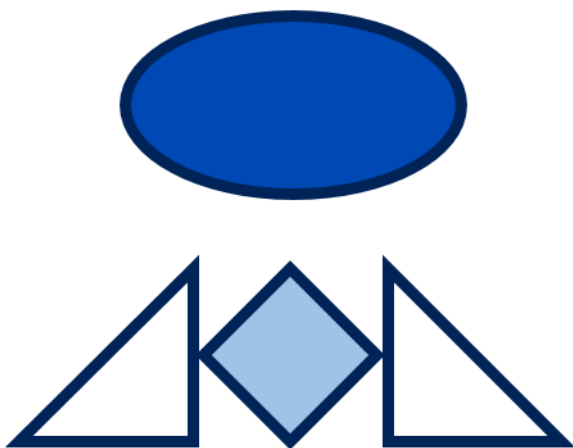
[illegible]

Day 20

Six by Six Degrees

Whiskey	-		-		-		-		-	Kangaroo
Whiskey	-		-		-		-		-	Kangaroo
Whiskey	-		-		-		-		-	Kangaroo
Whiskey	-		-		-		-		-	Kangaroo
Whiskey	-		-		-		-		-	Kangaroo
Whiskey	-		-		-		-		-	Kangaroo
Whiskey	-		-		-		-		-	Kangaroo
Whiskey	-		-		-		-		-	Kangaroo
Whiskey	-		-		-		-		-	Kangaroo
Whiskey	-		-		-		-		-	Kangaroo
Whiskey	-		-		-		-		-	Kangaroo
Whiskey	-		-		-		-		-	Kangaroo

Viddles



Day 21

Can You Hack It

How to get a broken tractor up a hill

[illegible]

Weird Combinations

Slightly alter the name of a famous brand so it implies "being bored"

[illegible]

Backronyms

OCA - Underage Drinking

[illegible]

Day 21

Six by Six Degrees

Rifle	-		-		-		-		-	Fudge
Rifle	-		-		-		-		-	Fudge
Rifle	-		-		-		-		-	Fudge
Rifle	-		-		-		-		-	Fudge
Rifle	-		-		-		-		-	Fudge
Rifle	-		-		-		-		-	Fudge
Rifle	-		-		-		-		-	Fudge
Rifle	-		-		-		-		-	Fudge
Rifle	-		-		-		-		-	Fudge
Rifle	-		-		-		-		-	Fudge
Rifle	-		-		-		-		-	Fudge

Viddles



Day 22

Can You Hack It

How to send someone an email with your screen broken

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

Names of food based on historical military

leaders

[illegible]

Backronyms

YRU - Carpentry

[illegible]

Day 22

Six by Six Degrees

[illegible]

Viddles

[illegible]

Day 23

Can You Hack It

How to attach ropes to the sky

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

Types of flowers mixed with celebrities

[illegible]

Backronyms

KAS - The Large Hadron Collider

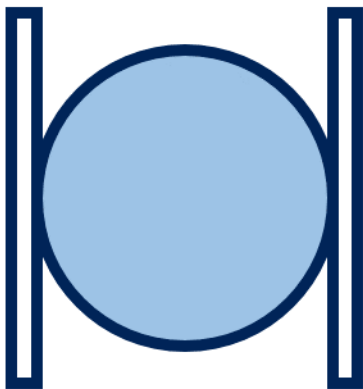
[illegible]

Day 23

Six by Six Degrees

Dickens	-		-		-		-		-	Rap
Dickens	-		-		-		-		-	Rap
Dickens	-		-		-		-		-	Rap
Dickens	-		-		-		-		-	Rap
Dickens	-		-		-		-		-	Rap
Dickens	-		-		-		-		-	Rap
Dickens	-		-		-		-		-	Rap
Dickens	-		-		-		-		-	Rap
Dickens	-		-		-		-		-	Rap
Dickens	-		-		-		-		-	Rap
Dickens	-		-		-		-		-	Rap

Viddles



Day 24

Can You Hack It

Uses for a broken sailboat

[illegible]

Weird Combinations

Alcohol Brand names mixed with TV show titles

[illegible]

Backronyms

TEM - Dictionaries

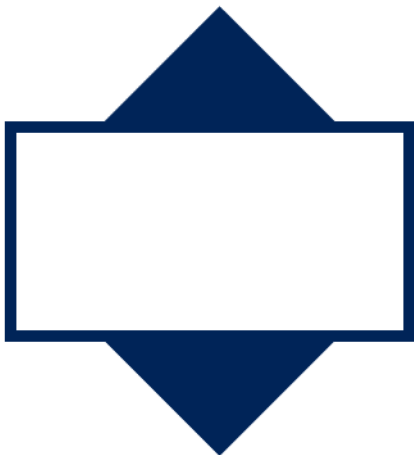
[illegible]

Day 24

Six by Six Degrees

Chicken	-		-		-		-		-	Gold
Chicken	-		-		-		-		-	Gold
Chicken	-		-		-		-		-	Gold
Chicken	-		-		-		-		-	Gold
Chicken	-		-		-		-		-	Gold
Chicken	-		-		-		-		-	Gold
Chicken	-		-		-		-		-	Gold
Chicken	-		-		-		-		-	Gold
Chicken	-		-		-		-		-	Gold
Chicken	-		-		-		-		-	Gold
Chicken	-		-		-		-		-	Gold

Viddles



Day 25

Can You Hack It

Things you can use to store coins so you know how many you have

[illegible]

Weird Combinations

Puns of People's names that sound like they're a teacher

[illegible]

Backronyms

OFU - Candles

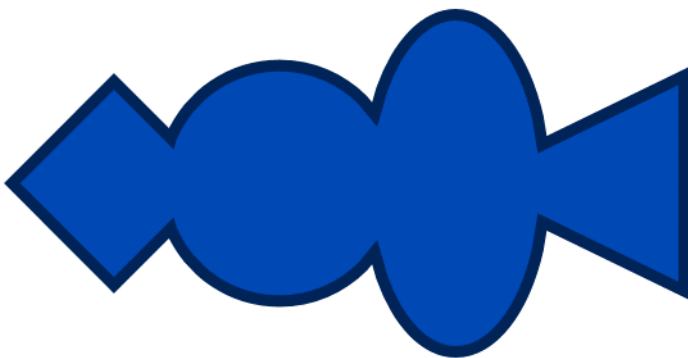
[illegible]

Day 25

Six by Six Degrees

Microphone	-	_____	-	_____	-	_____	-	_____	-	_____	-	_____	-	Star
Microphone	-	_____	-	_____	-	_____	-	_____	-	_____	-	_____	-	Star
Microphone	-	_____	-	_____	-	_____	-	_____	-	_____	-	_____	-	Star
Microphone	-	_____	-	_____	-	_____	-	_____	-	_____	-	_____	-	Star
Microphone	-	_____	-	_____	-	_____	-	_____	-	_____	-	_____	-	Star
Microphone	-	_____	-	_____	-	_____	-	_____	-	_____	-	_____	-	Star
Microphone	-	_____	-	_____	-	_____	-	_____	-	_____	-	_____	-	Star
Microphone	-	_____	-	_____	-	_____	-	_____	-	_____	-	_____	-	Star
Microphone	-	_____	-	_____	-	_____	-	_____	-	_____	-	_____	-	Star
Microphone	-	_____	-	_____	-	_____	-	_____	-	_____	-	_____	-	Star
Microphone	-	_____	-	_____	-	_____	-	_____	-	_____	-	_____	-	Star

Viddles



Day 26

Can You Hack It

How to send someone across the world a song without using a microphone

[illegible]

Weird Combinations

Names of snacks but changed to appeal to

insects

[illegible]

Backronyms

LUD - Electric Car

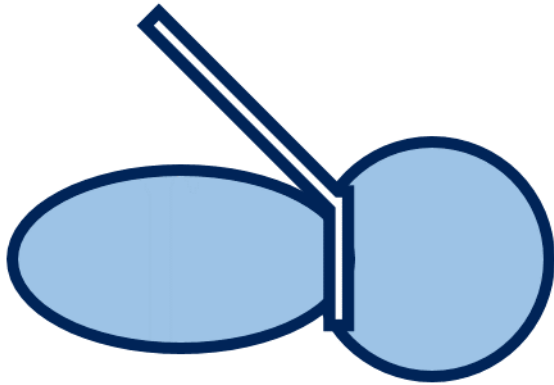
[illegible]

Day 26

Six by Six Degrees

Hair	-		-		-		-		-	Stamp
Hair	-		-		-		-		-	Stamp
Hair	-		-		-		-		-	Stamp
Hair	-		-		-		-		-	Stamp
Hair	-		-		-		-		-	Stamp
Hair	-		-		-		-		-	Stamp
Hair	-		-		-		-		-	Stamp
Hair	-		-		-		-		-	Stamp
Hair	-		-		-		-		-	Stamp
Hair	-		-		-		-		-	Stamp
Hair	-		-		-		-		-	Stamp

Viddles



Day 27

Can You Hack It

Uses for scratched CDs and DVDs

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

Slogans of car manufacturers applied to celebrities

[illegible]

Backronyms

INC - Rainforest

[illegible]

Day 27

Six by Six Degrees

Lightbulb	-		-		-		-		-	Jungle
Lightbulb	-		-		-		-		-	Jungle
Lightbulb	-		-		-		-		-	Jungle
Lightbulb	-		-		-		-		-	Jungle
Lightbulb	-		-		-		-		-	Jungle
Lightbulb	-		-		-		-		-	Jungle
Lightbulb	-		-		-		-		-	Jungle
Lightbulb	-		-		-		-		-	Jungle
Lightbulb	-		-		-		-		-	Jungle
Lightbulb	-		-		-		-		-	Jungle
Lightbulb	-		-		-		-		-	Jungle

Viddles



Day 28

Can You Hack It

Things required for a treehouse which can withstand wizard attacks

[illegible]

Weird Combinations

Adjusted lyrics for a Beatles song about cats

[illegible]

Backronyms

RUH - Space Monkeys

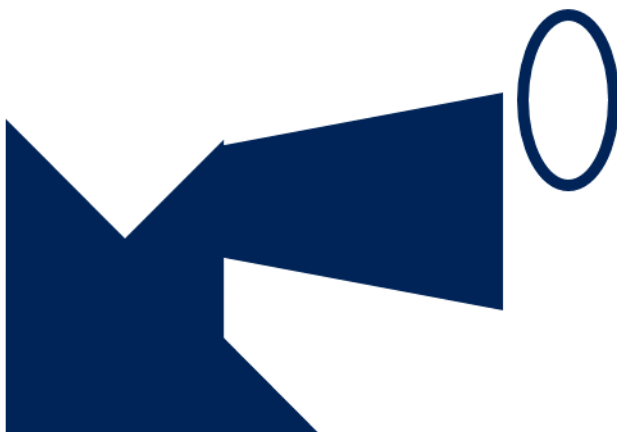
[illegible]

Day 28

Six by Six Degrees

Handle	-		-		-		-		-	Care
Handle	-		-		-		-		-	Care
Handle	-		-		-		-		-	Care
Handle	-		-		-		-		-	Care
Handle	-		-		-		-		-	Care
Handle	-		-		-		-		-	Care
Handle	-		-		-		-		-	Care
Handle	-		-		-		-		-	Care
Handle	-		-		-		-		-	Care
Handle	-		-		-		-		-	Care
Handle	-		-		-		-		-	Care

Viddles



Day 29

Can You Hack It

Ways to turn things you cannot hammer into things you can hammer

[illegible]

Weird Combinations

Names of celebrities mixed with types of animals

[illegible]

Backronyms

FRY - Dolphin

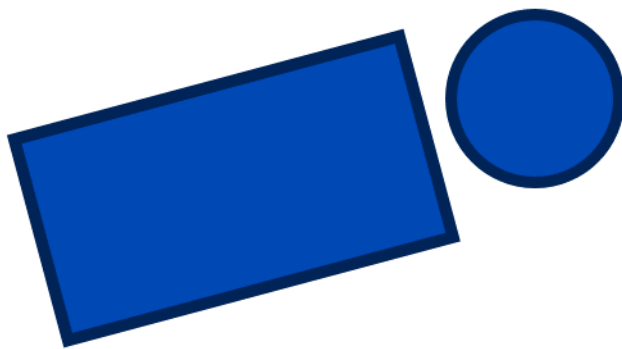
[illegible]

Day 29

Six by Six Degrees

Seed	-		-		-		-		-	Juice
Seed	-		-		-		-		-	Juice
Seed	-		-		-		-		-	Juice
Seed	-		-		-		-		-	Juice
Seed	-		-		-		-		-	Juice
Seed	-		-		-		-		-	Juice
Seed	-		-		-		-		-	Juice
Seed	-		-		-		-		-	Juice
Seed	-		-		-		-		-	Juice
Seed	-		-		-		-		-	Juice
Seed	-		-		-		-		-	Juice

Viddles



Day 30

Can You Hack It

Things you can do with 1 million bumblebees

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Weird Combinations

Slightly alter the name of a famous brand so it implies "having fun"

[illegible]

Backronyms

IDA - Music Concert

[illegible]

Day 30

Six by Six Degrees

Marmoset	-		-		-		-		-	Basketball
Marmoset	-		-		-		-		-	Basketball
Marmoset	-		-		-		-		-	Basketball
Marmoset	-		-		-		-		-	Basketball
Marmoset	-		-		-		-		-	Basketball
Marmoset	-		-		-		-		-	Basketball
Marmoset	-		-		-		-		-	Basketball
Marmoset	-		-		-		-		-	Basketball
Marmoset	-		-		-		-		-	Basketball
Marmoset	-		-		-		-		-	Basketball
Marmoset	-		-		-		-		-	Basketball
Marmoset	-		-		-		-		-	Basketball

Viddles



Day 31

Can You Hack It

How does Superman shave his indestructible beard?

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

Weird Combinations

Things you buy in a hardware supply shop as part of film titles

[illegible]

Backronyms

SFD - Rap Music

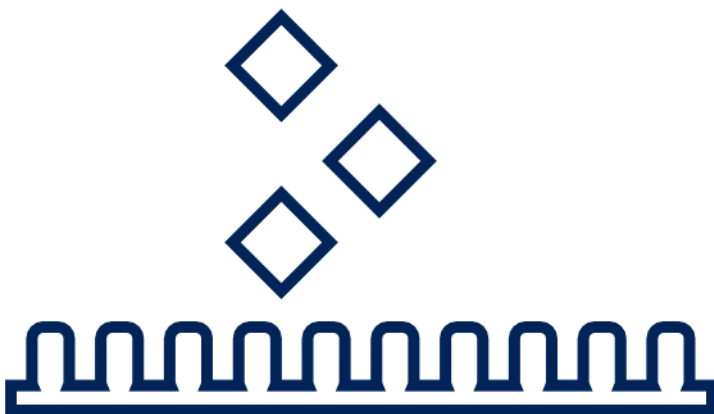
[illegible]

Day 31

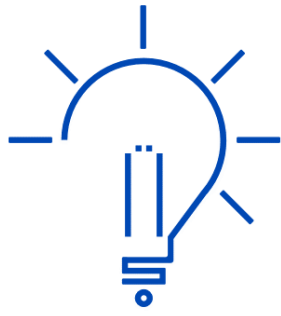
Six by Six Degrees

[illegible]

Viddles

[illegible]

About Improvides



improvides
Imagine & Achieve More

Improvides aims to be the world's most trusted advisor and coach for getting people and teams to generate and implement diverse, valuable and innovative ideas.



Our proprietary methodology is based on the **TOP 3 Dimensions** of Innovation, gauging your current capabilities across:

- Your **teams**' abilities to generate, evaluate and execute ideas
- The support your **organisation** gives to innovation
- The **creative** ability of your people

Combining our own experience in improving people's creativity with the latest research on driving Innovation throughout companies, we can help you break through the barriers which are currently in your way of growth. Every piece of work we do is bespoke to your needs, based on your challenges, organisation, culture and team.

We are based in London (UK Company Registration 8488701) but available for work anywhere in the world. If you have any queries, please **Contact Us** at

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